

00:02:09 KimMillman: Hi Carol!!  
00:02:28 Carol McClelland Fields: Hey Kim. Been thinking of you!  
00:02:36 KimMillman: You too Carol  
00:03:11 KimMillman: 44 pages  
00:06:28 Tamara Suttle: So happy to be back with Isabel again!  
00:06:47 Kaye: me too, excited for today :-)  
00:07:04 Tamara Suttle: Who has been in one of these Planning Days before?  
00:07:36 Carol McClelland Fields: I have been participating for years - don't remember how many at this point.  
  
00:07:48 Claire Sierra: Tamara this is my 4 or 5th year, I think  
00:08:07 Leslie: My first year!!  
00:08:13 Ellie: Multiple times here too Tamara  
00:08:14 Tamara Suttle: I'm a newbie! So excited to be here!  
00:08:19 Gyllian Davies: I participated for years and am back after a 4 year absence. So happy to be here.  
  
00:08:23 KimMillman: Hi Maya! Hi Jennifer!  
00:08:33 iPhone: Hi Isabel and Everyone! So thrilled about this Event! Pure MAGIC!  
  
00:08:41 Carol McClelland Fields: My favorite day of the year!  
00:09:07 Claire Sierra: Tamara welcome! It's a foundational part of my biz year and orients my year  
  
00:09:22 Tamara Suttle: Does anyone know if we'll get a copy of the chat?  
00:09:25 alyseparise: hi this is my 2nd time after a break  
00:09:35 Ildiko: I love this too. Thank you Isabel. 3rd time for me.  
00:09:37 Maya: hey Dr Kim (and Jennifer)!  
00:09:37 Tamara Suttle: Wanting FOCUS. I know if I focus, I'll go deep!  
00:09:40 alyseparise: clarity  
00:09:40 Holly Genser: Hi everyone!  
00:09:40 Janet Thomasson: Hi, all!  
00:09:40 Suzette Monique: I want to align with my maximum potential body, mind, and spirit!!!  
  
00:09:47 smadar: Hey to everyone ... feeling blessed to have this magical day.  
  
00:09:48 Allen Maples: Hi Everyone,  
00:09:50 Dena: I've been looking forward to this day for a few months now!  
00:09:50 Kaye: More clarity and cohesion for my life vision going forward.  
00:09:53 Carol McClelland Fields: Time and day to think deeply about where I've been and what's ahead.  
  
00:09:53 Suzette Monique: Hi Everyone!!!  
00:09:54 Jennifer: Clarity for 2018.  
00:09:55 Janet Thomasson: Today I want to get focus for the coming year.  
00:09:56 Ellie: Wanting to generate fresh energy and creativity for the new year. New start, new opportunities.

00:09:57 Gyllian Davies: For me I'm hoping for a grounded, peaceful and joyful doorway into the coming year.

00:09:57 Diana: Hi all! I would like to get inspired for 2018!

00:09:59 Jaime Campbell: What I want for myself today: Fire. Clarity. Release from the bullshit that I keep creating that held me back from even greater impact this year.

00:10:02 Marilyn: Hi Isabel, Hi everyone!

00:10:07 Allen Maples: I'm looking for clarity.

00:10:20 Ildiko: great starting point for the new year

00:10:20 Heather DeVore: Heather here, from Portland OR. I want to gain clarity of what it is I truly want.

00:10:20 Glenda: It's my first time! I'm hoping to gather my scattered mind and projects and bring them into something very empowering for 2018.

00:10:26 Ajeet Khalsa: hi all, cozy and ready for our lovely day. I'm hoping to glean a ground of fertility for the planning and planting of vision

00:10:26 Marilyn: I want to re-orient after a very full year and a very big life change, and feel grounded and intentional going into the new year.

00:10:27 Sandra: Grounded clarity coupled with joyful enthusiasm for Show Up, Stand Up and Speak Up for Soul Satisfaction.

00:10:28 Leslie: CLARITY - FOCUS- AND INTENTION

00:10:38 Teresa Bitner: Hello - 2nd yr. Powerful. My intention is to get a vision & compass for 2018 and move it forward.

00:10:44 Janet Thomasson: Focus and insight into where I'm blocking myself, so I can work on breaking through those blocks.

00:10:51 Carol McClelland Fields: Hi Marilyn and Claire.

00:10:57 Carol McClelland Fields: And Karen!

00:11:00 KimMillman: I want to do discernment and prioritization

00:11:07 iPhone: A strong, grounded foundation for 2018. More FUN! More ADVENTURE! More DARING!

00:11:28 Regina: The possibility for this coming year I am creating out of today is being powerful, focused and relaxed, including and flowing with both my intentions and what opens up

00:11:30 caober: Hi I have been doing annual goal setting for 3 years and am looking to expand what I have been doing on my own. I love the questions that you want us to ask ourselves as we close out one year and start a new year. Cindy from Colorado.

00:11:31 Holly Genser: Hi Ajeet Khalsa!

00:11:39 Holly Genser: Hi Sandra!

00:11:50 Ellie: Anyone here a virgo? Today's a power day for us, according to my Facebook astrologer friend

00:12:20 Karen Wylie: Year five for me. I wouldn't miss it!

00:12:29 Ildiko: my intencion: getting the first vision of the new year and use as a compass for 2018

00:13:51 smadar: That is beautifully expressed.

00:16:34 Regina: Messy flow!

00:17:21 Tamara Suttle: "Devotee of mess." Thank you for saying this.

00:18:00 Kaye: I really appreciate that too :-)

00:18:07 RosaLee Mitchell: Hi All...back again...lost track of how many years...I need to focus on discipline for follow-through on big intentions for 2018!

00:18:27 Tamara Suttle: At the End of the Year - poem

00:19:49 Suzette Monique: Beautiful!!!!

00:20:05 Sandra: Thank You for John O'Donahue's poem!

00:22:22 Tamara Suttle: Will we get copy of chat?

00:22:22 Kaye: Should we post insights into facebook group?

00:22:25 Heather DeVore: what page of the workbook are those questions?

00:22:44 Tamara Suttle: Oh, I see I can save chat!

00:22:57 barbarathompson: Wonderful to be here with you all today.

00:23:08 Tamara Suttle: Thank you!



