

00:03:34 Carol McClelland Fields: I discovered that a big theme is to claim and share all that I bring. It's time to know that this is me, this is my work and to live that fully. To be seen. To be vibrantly alive. To flow from this place. Exciting to feel this layer of my new, stronger foundation.

00:04:23 Teresa Bitner: 2018 – Powerfully Spicy & Smooth – (Red/Violet) Powerful, exciting, spicy while clear, smooth and with ease.

00:04:44 Ellie: Tart - Attracting and repelling and attracting again at the same time – can't ignore it

Growth - Chaos and order  
Wild - operating based on sense and trusting something beyond logic. Smelling truth in the wind

00:04:45 Ajeet Khalsa: How do I make this an earthy, vast and untamable year, filled with slippery devotion, enticing myself even in prickly times, filled with softness and effervescence. With sweetness, attention and devotion. Loved this!

00:04:58 Ajeet Khalsa: I got tart too!!

00:05:21 sannalamb@hotmail.com: Committed - Clean - Juicy expression

00:05:27 Dena: I got a multi-sensory impression of eating a complex spinach salad at a well-loved restaurant in Napa. What I got from that is that there is going to be some comfort, and energy, and a sense that I need to eat "what's good for me" in order to feel really good afterward.

00:05:36 Harriet: Funky is one of my words and that's fine with me, feels like fun, invigorating!

00:05:43 Claire Sierra: I realized doing this that I have more review and digestion of 2017 to do. Feeling incomplete is hampering me from moving forward as I have yet to come to peace with it all yet.

00:06:02 Suzette Monique: Expansive...unlimited...

00:06:13 Kate: Spacious.deepening \* Sensual \* Light/bright. Savoring life comes up as an overarching practice. More than one area, I'm seeing them as overarching, infiltrating, and saturating.

00:06:48 Janet Thomasson: I thought my clusters were opposites, but discovered they actually weren't. One resolved into a more "all's right with the world" I'm on the right path for me feel, and the other was a triumphant achievement feel.

00:06:52 deirdre: Aura borealis, spicy balanced comfort foods, lilacs, fine spun wool cloth, Italy, Vivaldi's 4 Seasons

00:06:58 Ajeet Khalsa: what is the container?

00:07:02 Kym Sevilla: I have more digesting to do as well...

00:07:08 barbarathompson: vibrant melancholia

00:07:09 Jennifer: Seductive, Intoxicating, mysterious, hidden, subtle Don't

reveal everything on the first go. Have more confidence and keep some aspects of what I have “hidden” until it’s the right moment to reveal them. Trust the timing.

00:07:35 KimMillman: I like that Jennifer

00:08:12 Leslie: My big theme is to TRUST myself - trust my abilities, gifts, creative expression, and wisdom to bring richness. creativity, peace, and delight to others which then enriches and inspires me to dig deeper.. I am the person I have been looking for - and that's thrilling!

00:08:17 alyseparise: How do I have a rich, freeing, fun and healing year?

00:08:19 Claire Sierra: I know I have your permission :) and just felt I needed to name it "out loud"

00:09:18 Regina: I long to feel connection, contribution, flow, ignition, expansion, being touched, moved and inspired. How do I have a crisp, lush, rosy, coffee ice cream crunch bar, soaring beach year?

00:10:03 Sharon: HI, this is Sharon. Here are  
mine:Serene/timeless/evocative  
Sensuous/warm/spicy/pungent/wild  
Deep/expansive/bountiful  
Rich/luxurious/beautiful/soothing

00:11:33 Suzette Monique: Open, divinely led, heart-centered, empowered, exciting, adventurous..

00:19:57 deirdre: Isabel, how did you draw a distinction between money and work/career? I ask because they are often so closely related. My assumption is Money is about “financial health” and Work/Career is about the type of work you do or no, new offerings etc.

00:20:40 iPhone: Yes, same Q.

00:23:45 Kate: I'll be doing all this work in layers, deeper...deeper...

00:24:08 Tamara Suttle: “Start Close In” - poem by David Whyte

00:24:15 Tamara Suttle: Perfect poem!



