

00:00:55 Suzette Monique: Needed more time for everything...

00:01:20 Jaime Campbell: Right! Same here! :-D

00:01:21 Kate: I have a big list of things to do to schedule my projects and themes for the year. What was helpful for me was to be able to really look at everything and put the list together. So - I have a path forward.

00:01:26 iPhone: You can take it.

00:01:27 Janet Thomasson: I needed more time for this, too. I'll go back through the workbook later.

00:01:30 smadar: I focussed on the planning for the next year ... because I have seen the power of writing things down from my experience in the action circle.

00:01:52 Carol Steinberg: What I love about this is the structure and community to do the hard work...Thank you!

00:02:31 Jaime Campbell: I loved the part about: "You have a specific desire that you see so clearly, or an outcome you want so dearly, that to not set it as a goal would be dishonoring." This going hand in hand with not \*having\* to set goals has me focusing on my top priority.

00:02:32 iPhone: Such profoundly thoughtful, thorough workbooks!

00:03:21 Ajeet Khalsa: I'm putting my efforts into my creative growth, love and significant partnerships, and seeing my money goals as a 'treasure table. This way I see the money and growth as supported and seen more like a table where so many actions can take place

00:03:33 alyseparise: for me so much of last year was releasing what others thought I ought to do or other's models. So 2018 is really having my work life speak to what I can offer with flow and based on my qualities - Rich, freeing, fun and healing year: underlining fun!

00:04:03 Jennifer: Prioritizing and the 2018 calendar were great and easy to do. Less easy was looking at income streams. They are not even trickles in my case! Eek!! Grateful for the work creating a Purposeful Business. Still on the path!!

00:04:23 iPhone: Thank You, Isabel! Worked on My Year End Inventory late into the night, last! So many pieces & deep knowing fell into place.

00:04:34 Tamara Suttle: You are always so generous with your info but never too much. I appreciate the fluidity of your process.

00:04:41 Leslie: Prioritization is my TOP need because when I don't I don't accomplish what would be possible if I had more clarity about how to use my time. Using this time brought my awareness of this stumbling block of not being realistic

about how I create what I think I want and then I am disappointed.

00:05:13 Tamara Suttle: Thank you for the mention about the chats.

00:05:24 Regina: I see how actions I am accountable for are transformed when I view them from how they support my themes / desires of contributing connection, messy flow, igniting expansion, and being touched, movesd and inspired

00:06:27 KimMillman: so much of my calendar is based on my husband's retiring and us needing to change homes and they are all hard to figure out when it will happen

00:06:58 alyseparise: actually i should say that last year was releasing and doing more 1 on 1 work - so the question is now how to add workshops that really make sense and reflects my gifts and wisdom while having fun.

00:08:03 Regina: Very useful to consciously prioritize what matters to me, and that I don't need to prioritize that which already flows naturally

00:18:03 Tamara Suttle: Isabel, I am so grateful that you allow us to see you. I have grown personally and professionally because you have shown up, been present, shared your personal and professional experienced. I do believe it's important to stay in our sad stories as long as we need to . . . and then to let go of them when we need to let go.

00:19:28 Suzette Monique: Here, here Tamara! I agree wholeheartedly with you! Thank you Isabel! So much love, appreciation, and gratitude to you for showing up for us. xoxo

00:23:36 barbarathompson: Name of his lovely poem?



