

9. Every month, I expose my work, my ideas, and my way of seeing things to the world, even when it feels vulnerable.

Yes Pretty Good Part-Way A Little Not At All

10. I choose high-impact actions over busy work.

Yes Pretty Good Part-Way A Little Not At All

How Well Supported Are You?

11. I have at least three friends or family members who are supportive of my business.

Yes Pretty Good Part-Way A Little Not At All

12. I publicly announce what I am doing each week so that someone notices what I am up to.

Yes Pretty Good Part-Way A Little Not At All

13. I have people I can work alongside each week for extra focus and momentum.

Yes Pretty Good Part-Way A Little Not At All

14. I have a mentor I trust who I can ask for advice and guidance.

Yes Pretty Good Part-Way A Little Not At All

15. I have a safe place or places to show up messy and real and share my fears and challenges about what I am doing in my business.

Yes Pretty Good Part-Way A Little Not At All

Can You Chart Your Own Path?

16. I take time every week to reflect on the week, how it went, and how I used my time.

Yes Pretty Good Part-Way A Little Not At All

17. I engage in regular Soul Discovery to understand myself and how I function and to provide uprising energy to fuel my business efforts.

Yes Pretty Good Part-Way A Little Not At All

18. Every quarter, I take time to digest what has happened, what I've learned, refresh my sense of what I want, and revise my strategy.

Yes Pretty Good Part-Way A Little Not At All