

19. I hang in with the path I've chosen, even when it's not going well or I'm not producing the results I want.
Yes Pretty Good Part-Way A Little Not At All

20. Every year, I take time to digest what has happened, what I've learned, and reconnect to what I desire.
Yes Pretty Good Part-Way A Little Not At All

How Do You Meet Yourself in Success and Disappointment?

21. I allow myself to want what I want without apology.
Yes Pretty Good Part-Way A Little Not At All

22. I let go of my stories that I am behind or not doing enough.
Yes Pretty Good Part-Way A Little Not At All

23. Every month, I deeply acknowledge myself for the growth and progress I've made.
Yes Pretty Good Part-Way A Little Not At All

24. I experience, but don't stay stuck in, my feelings of shame, self-blame, or judgment.
Yes Pretty Good Part-Way A Little Not At All

25. I meet myself with Fierce Self-love regardless of my results.
Yes Pretty Good Part-Way A Little Not At All

This concludes the quiz. Find out what your score means on the next page!