

## Scoring Yourself

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For each **Yes**, give yourself **4 points**.

For each **Pretty Good**, give yourself **3 points**.

For each **Part-way**, give yourself **2 points**.

For each **A Little**, give yourself **1 point**.

For each **Not At All**, give yourself **0 points**.

### What Your Score Means:

**0-25: Your business life may feel chaotic and unsatisfying.** You may feel like what happens in your business is out of your control. You may lack a sense of forward movement or progress.

More momentum is in reach! Come join us in the **Magnify Your Message Action Circle** to feel supported taking more intentional action and practicing a kinder, clearer, more engaging way of being in your business.

**26-50: You have started or dabbled with productive behaviors and choices, but you may find it hard to sustain them.** You may be juggling with challenging life circumstances that have made it hard to focus on your business. At this stage, you may find your business life is more stressful or anxiety-provoking than fulfilling. You may feel that you are working very hard for the results you get.

You already have a sense of the direction you want to move in. Come join us in the **Magnify Your Message Action Circle** to deepen your foundational practices and surround yourself with more support so that your work life is more fulfilling and the time you spend is more effective.

**51-75: Good work! You have put some powerful practices in place for your business.** You are likely experiencing some growth combined with moments of challenge or stagnation.

Let's double down on what is working and add more practices so that you make the best choices for your time and energy. Joining the **Magnify Your Message Action Circle** could help you to go further with you are already doing, add new tools and perspectives, and make the journey more joyful.

**76-100: Congratulations! You are showing up fully for your business and what it brings you.** You are likely to have a sense of progress and fulfillment in your work and you move with grace through the challenging moments and experiences.

You may want to push the boundaries and see what more you are capable of. If you'd like good company and inspiring guidance as you create that soulful, fulfilling business, we'd love to have your energy in the **Magnify Your Message Action Circle**.