

- 15:03:03 From Holly Emert : I love, love, love the Consider Your Capacity resource :D
- 15:03:08 From susanhoward : I'm recognizing that most of my planned projects are developmental - not revenue!
- 15:03:54 From Carol McClelland Fields : Found a way to simplify my mentoring services. One track for New Change Catalysts just starting their business and one track for Experienced Change Catalysts who are reinventing and reenergizing their work and business. Parallel structure and concepts which simplifies the communications about it all.
- 15:03:56 From Pamela Sampel : I recognized how a commitment to self discipline supports me to create the life i want.
- 15:03:56 From Theresa Vee (she, her) : 1. Every. Single. Thing. is interconnected and has an energetic impact.
2. I have so much in the works already that will lead to Revenue!
- 15:03:57 From Diana Del Bel Belluz : In the last hour I got some good ideas about how to give myself the nurturing I need
- 15:04:20 From Ajeet Yoga & Healing Arts : I really loved doing the year in review and also looking at what I can have compassion with and how to move forward in the projects that I'd like to spend more time with!
- 15:04:26 From Ann Marie Lei : I love that too, Holly — such a valuable exercise to focus on what's really important
- 15:04:30 From Holly Emert : ...and choosing what is WORTH your time
- 15:04:36 From Jeanet Elders : I find the Revenue Project daring! And... One of the new qualities is Daring in Creating (jazzy improv-like). So there I must remind me LOL
- 15:04:37 From Katherine Cartwright : I said I wanted to feel inspired for the new year, and I do! I also have more clarity, and see how some of these things are possible. I love all these activities in Session 4 and plan to schedule a day the week between Christmas and New Year's to give myself a day retreat to revisit this and plot out some things, using the Consider your Capacity activity.
- 15:04:43 From Jennifer W. : Communication is an Act of Love. AND, the practice and methodology of Authentic Communication is a channel for Love — mine and that of every person with whom I work. That is a shift in how I view the work — imbues it with a kind of genius its very own.
- 15:05:17 From Ann Marie Lei : I focused on how I need to BE to make a true shift + pivot deeper, wider, more expansive + powerful in 2021. Very valuable use of time
- 15:05:30 From Glenda Mattinson : I need to be clear about how long things actually take me - including time for pondering and reflection, etc. AND have a quick and easy mechanism to stay on top of all of that. I would need to create the pause I need to evaluate new opportunities and make sure my plan / intention fits the time available, refine it until it does, and then engage in a conversation with people on the "Other side" in order to come up with a

plan that we're both satisfied with.

Estimate amount of mull / draft time it takes me, per presentation hour

- 15:06:05 From Jenna Caplette : I love that piece of starting to solidify even a few things for the next year — feels like that starts pulling me forward.
- 15:06:20 From KimMillman : Jennifer - that's super beautiful and profound
- 15:06:29 From Ann Marie Lei : Great reminder, Isabel — "the only thing we really need to have a business is a client!"
- 15:06:43 From Holly Emert : I'm also a learning junkie, too. I belong to some organizations that are really passion commitments but that are no longer as useful professionally (meaning they don't always add value but I'm spending time and money on them).
- 15:07:09 From Ildiko Miklos : i started with Mapping out my year, and realised that facing so much uncertainty.
- 15:07:40 From Ildiko Miklos : and i feel more clarity with it
- 15:07:50 From Kim Wright : In my projects, I see 2021 as a transitional year - moving beyond COVID, completing those projects then creating a new normal for the next stage.
- 15:08:25 From Kathy Kane : I have 3 specific projects but as I thought about what I do I see other things that take up my time including my own creative work. I need stronger dedication to my own priorities. A case study exercise I did recently was very revealing in weaknesses in my time management. (fabulous project! Thanks Isabel!!)
- 15:10:03 From KimMillman : mine was super pragmatic - and as you guessed my action circle buddies - i created a massive to do list - and used my undone 28 challenge list as the basis. but i am going to be super brave to take the vaccine in tier 2 since I am a little anti vax and i have decided to take it - so i have to be brave brave brave
- 15:10:07 From Holly Emert : I belong to 5-6 organizations in various fields and one of my goals for 2021 now is to be honest about which ones are no longer the best fit.
- 15:12:01 From Ann Marie Lei : yes I feel light and energized — AND motivated to keep going on the details and mapping out my year
- 15:12:36 From Theresa Vee (she, her) : I feel super clear, as is the case every time I work with you, Isabel. I am excited to do more work with you really soon.
- 15:12:47 From Carol McClelland Fields : So clarifying. Thank you once again, Isabel. I've been very immersed in all of this since July. Was nice to have the time to sink in and look at it all from a broader perspective. Very grateful!
- 15:13:14 From Ajeet Yoga & Healing Arts : Honestly, this has been a very challenging fourth quarter in that I've chosen to live remotely thinking it would generate some learning however what it has done has shown me how much I need internet connection. True Understanding!
- 15:13:34 From Diana Del Bel Belluz : My biggest take aways today was the reminder of the true spirit / true wisdom. I will: 1) Let go of things to make space for my sharing my true wisdom, and 2) I will amplify the true spirit 'feeling' lens

(i.e., how my clients feel because of working with me) in my messaging.

- 15:13:49 From KimMillman : i want to do true wisdom this year isabel.
- 15:14:14 From Deirdre Danahar : This is a period of transition for my practice that has included culling old offers and honing the focus of my work. The wrapping is Leadership Development which at its heart is about adult development as people. . . growth that strips away artifice and reveal ethos and individual aesthetic that can be relational and defiant at the same time. Today Looking ahead at work in the pipeline , my development projects this year the details are starting to emerge.
- 15:14:22 From Glenda Mattinson : I found the right-brain / intuitive approach in the activities very very supportive.
- 15:14:22 From Ildiko Miklos : Thank you so much for sharing your wisdom and guidance. I fee
- 15:14:29 From SharonAnn Hamilton : I am clear about my next projects, and the wrappers around them. and where my life spring comes in. I was in hiding, but not anymore.
- 15:14:33 From Ildiko Miklos : i feel inspired.
- 15:14:34 From Kathy Kane : Great exercises. Lots of clarity. Excited about this surging feeling of confidence and bigger, stronger voice. Thank you!
- 15:14:35 From Jeanet Elders : I feel clarity and challenged by my own wisdom.
- 15:14:59 From Kim Wright : Thank you for this afternoon to focus on birds-eye view planning. I have another standing call that started at the top of the hour and I am going to drop off so I am not any later. Will listen to the rest of the recording.
- 15:15:29 From Pamela Sampel : This day was such a gift...the time dedicated to myself...and my life's purpose and guided so elegantly by your facilitation and the other participants wisdom...
- 15:16:02 From Katherine Cartwright : This is my fifth year doing this. Every year has been valuable. This year, though, feels more potent. Some things that I've been moving toward I'm now seeing more clearly. Thank you, Isabel. I so appreciate this. I'm a creative, not a business owner, and so much of what you do in this is so valuable to me.
- 15:16:30 From Ajeet Yoga & Healing Arts : Letting go of the familiar of connection has allowed me the intimacy of how much I am willing to dive deep into what other wisdoms I'll be sharing in the coming year, especially around resilient living, ritual life in the forest and helping women to let go of goals and instead starting to live a life that is the fullness of who they are, everyday!
- 15:16:40 From Holly Emert : As a first timer here, I appreciate the big-picture yet tangible action orientedness (new word!) of this Planning Day. Thank you.
- 15:16:46 From Diana Del Bel Belluz : Thanks to everyone for sharing your insights. You (and of course Isabel) are very inspiring.
- 15:17:04 From Jennifer W. : Love the journey back HOME to True Spirit and True Wisdom — still so relevant, supportive. Wonderful. Thank you!
- 15:18:23 From Godmother Twigs : (Lisa) Thank you Isabel. Excited to continue the exercises.

Some clear direction about accepting the big picture.

15:20:59 From KimMillman : i love this poem because it counters the whole first to market discouraging dogma

15:21:16 From Maria : Thank you Isabel and all for creating space for our wisdom to emerge.

15:21:32 From Pamela Sampel : Thank you, Isabel.

15:21:36 From Ann Marie Lei : Thank you, Isabel, and everyone!

15:21:52 From susanhoward : Thank you Isabel! and everyone here

15:22:00 From Jennifer W. : Deep bows to you all. Wonderful to share this space with you.
Love you, Isabel!! ♥

15:22:04 From SharonAnn Hamilton : Thank you so very much. I am grateful for your wisdom and encouragement. Your energy in the world is remarkable.

15:22:04 From Rachelle Windholz : Thank you so very much. I appreciated this entire process!

15:22:13 From Holly Emert : Thank you all. Great to be here.

15:22:22 From Deirdre Danahar : Lovely to see and hear you today, Isabel. Thank you.

15:22:31 From Kathy Kane : Thank you and much love!!

15:22:38 From Ildiko Miklos : i am so grateful for this event every year. thank you Isabel